



LISTENER GUIDE



Season 2 Episode 3: Here Comes the Sun

In this episode we hear more from special guest Christine Jackson on caregiving, volunteering, and how she balances it all.

Mackenzie Wallace of the Alzheimer's Association joins us for a special legislative update and Scott Wegenast of AARP KY tells us about their online Guides for Caregivers and Voters.

Mark Charles also joins me for a medley of two songs by The Beatles with the help of some friends at the Neighborhood House.



Caregiving Guide:

www.aarp.org/caregiving

**Kentucky Primary Voting Guide / COVID-19 Vaccine Info /
Louisville Mayoral Candidate Survey:**

www.aarp.org/ky

Can You Hear Me? Listener Guide



Featuring two songs by The Beatles:

I'm So Tired (1968)

Here Comes the Sun (1969)

When you're as tired as can be, what brings the sunshine to your life?

Maybe a special person, a certain food, or a thing you like to do?



Marmont Hill



Nadja



Jonathan Stelle



Marcia Cole



EXPLORE MORE!

Use a pens, crayons, markers, or cut out colorful pieces from a magazine to make a picture of your sunny day.

Share it by taking a picture and sending to: canyouhearmerradio@gmail.com

It's good to be heard!

This show is called *Can You Hear Me?* for a reason. We need to hear from YOU!

Call **502-286-3616** and leave a message with your response anytime.

Or visit canyouhearmelouisville.org/contact

and click the button to record a voice message.

Your voice might be featured on a future episode!

